#  **Alicia Broadous-Duncan Dining Center**

# **June 2025 – Congregate Menu**

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| --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| **2.** **SW Shredded Chicken** Corn Tortilla Pinto Beans\*Shredded Cabbage, Mixed Salad Greens, & Radish w/Cilantro Drsg Fresh or U/S Peaches OR Melon Low fat Milk | **3.** **Shepherd’s Pie (Beef)****w/Mashed Potatoes**Whole Grain RollCarrotsMixed Salad Greens w/French \*Kiwi Dressing  Low fat Milk  | **4.** **Baked Fish Almandine**Barley w/HerbsGreen Beans w/Herbs\*Coleslaw, Bell Pepper, & Cucumber w/1000 Island DrsgYogurt Parfait w/BerriesLow fat Milk | **5.** Cashew Chicken Brown RiceGreen Peas\*Beet & Mandarin Orange SaladFresh Fruit in SeasonLow fat Milk | **6.** **Garden Vegetable Lasagna w/Zucchini & Mushrooms**BroccoliCaesar Salad w/Caesar Dressing\*Cantaloupe OR Orange Low fat Milk |
| **9.** **\****Orange Juice***Open Face Hot Turkey Sandwich w/Mashed Potatoes** Whole Grain Bread/Green BeansSpinach Salad w/Shredded Cabbage & Dried Cranberries w/Vinaigrette DressingLow fat Milk | **10.**Baked Pollock w/Lemon SauceWhole Grain Roll OR BreadMixed Vegetable BlendBroccoli SaladCinnamon Applesauce Low fat Milk | **11.** **BBQ Chicken**Brown RiceYam OR Sweet PotatoTri Color Coleslaw w/CarrotsPeach OR Pear Low fat Milk | **12** **Tamale Pie (Turkey) w/** Black Beans P**olenta/Cornmeal**Mesclun Salad Greens w/ Cilantro Dressing\*Pineapple/Mango Fruit CupOatmeal Cookie OPTIONALLow far Milk | **13. \****Orange Juice***Pot Roast (Beef)**Whole Grain Dinner RollSage Mashed PotatoesPeas w/Pearl OnionsFresh Fruit in SeasonChocolate Cake OPTIONALLow fat Milk |
| 16. Chicken AdoboBrown RiceGreen PeasMesclun Salad w/Garbanzo Beans & Ranch Dressing\*Pineapple & Mango Fruit CupLow fat Milk **FOOD BANK**  | **17.**  **Turkey Milanese w/Linguine & Red Sauce**Cauliflower & Zucchini Carrot Raisin Salad \*OrangeVanilla Yogurt Parfait Low fat Milk w/Granola | **18.** Salmon w/Dill SauceWhole Grain RollGreen BeansChopped Mixed Salad w/Spinach, Kale, Bell Pepper & Italian DressingCinnamon ApplesauceLow fat Milk | **19.** **CENTER CLOSED IN****OBSERVANCE OF****C:\Users\ChristinaEspitia\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\A8599771.tmp** | **20.** *\*Orange Juice***Vegetarian Chili**CornbreadHerb Roasted CarrotsMixed Salad Greens w/FrenchDressingBanana Low fat Milk |
| **23.** *\*Orange Juice*Spaghetti w/Meat Sauce (Turkey)Broccoli Caesar Salad w/Caesar Dressing Fresh Pear OR PeachLow fat Milk | **24.** Beef Fajita Whole Grain TortillaPinto BeansTossed Green Salad w/Cilantro Dressing\*Pineapple & Mango Fruit CupLow fat Milk | **25.** **Mediterranean Chicken**Pita Bread/Brown Rice Pilaf Roasted VegetablesLentil Salad w/Cucumbers & Vinaigrette Dressing\*Cantaloupe OR TangerineLow fat Milk | **26.** **Tuna Salad Cold Plate** Whole Grain RollHerbed Potato Salad or HerbedRoasted Potatoes\*Creamy Coleslaw Baked Apple OR ApplesauceLow fat Milk | **27.** **Roast Turkey Breast**Whole Grain Stuffing Baked Yam OR Sweet PotatoSpinach Salad w/French Dressing\*Kiwi OR OrangeLemon Pudding OPTIONAL Low fat Milk |
| **30.** Fish CreoleWhole Grain TortillaRed Beans\*Creamy ColeslawPear OR PlumLow fat Milk |  Hoogasian Flowers: June 2011 | **C:\Users\ChristinaEspitia\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\8F392CBA.tmp****FATHER’S DAY JUNE 15TH** | **JEREMY BOX****DINING COORDINATOR****SUGGESTED DONATION OF $3.10 FOR THOSE 60 YEARS OLD AND OVER** |

 **Lunch served at 11:30 AM - please arrive early to secure your meal! MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. \*Vitamin C Source**

♥ABD Dining Center (818) 834-6100Ext. 305 ♥ Sunland Dining Center-Susie Gallardo ♥ Olive Manor Dining Center-Robert Orozco ♥

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