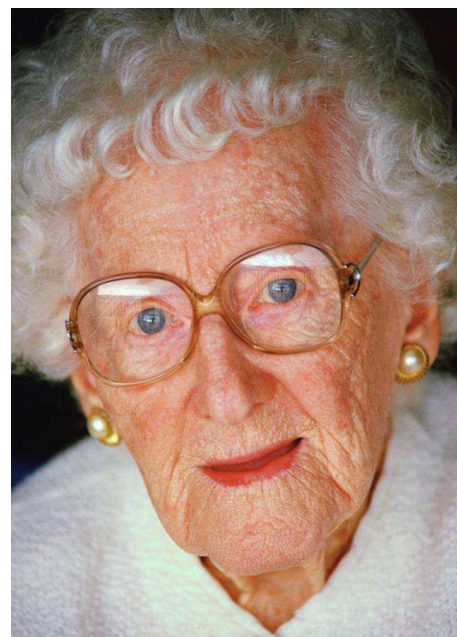


# **VOLUNTEER DRIVERS URGENTLY NEEDED!**

## ***for* MEALS ON WHEELS**

**Hundreds of valley residents are alone,  
elderly and frail, or disabled and unable  
to shop and cook for themselves.**



**They're hungry.**

**And you can help.**

**Volunteer to deliver meals between 10 a.m. and 1 p.m.**

**Call our Meals on Wheels office in Van Nuys**

**M-F: 818-374-5350**

**Or Parker's cell: 818-730-4165**

**Someone will get back to you within 24 hours.**

**You can volunteer once a day, once a week,  
once a month, or once a year. THANK YOU!**

**A Loving Service of Valley Interfaith Council**

**[www.vic-la.org](http://www.vic-la.org)**

